



## RGE Tech Tips from the Field – Client Edition

Topic: Handout Edition

From Analog to Digital — A Simple Path Forward

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### The Big Idea

You don't need to be a tech expert.

You just need to feel comfortable using a few simple tools that help with everyday life.

**Start simple → Build confidence → Add more later**

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### What Changed (Then vs Now)

#### Then (Analog) Now (Digital)

Paper            Online forms

Cash            Cards / Phone


In-person       Apps & websites

 **Good news:** You've already adapted before—this is just the next step.

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### What Most People Use Today

- Smartphones → **Main device**
- Tablets → **Easiest to learn**
- Computers → **Less needed for basics**

 **Translation:** You don't need a big, complicated computer to get started.

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### Start in the Right Place

**Best beginner path:**

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1. Phone or iPad
2. Practice simple tasks
3. Add more only when ready

👉 Starting simple = faster confidence

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### 🧠 Why Tech Feels Hard (And the Truth)

#### Feels like:

- “I’ll break something”
- “There’s too much to learn”
- “I’m behind”

#### Reality:

- You won’t break it
- You don’t need everything
- You’re right on time

👉 The problem isn’t you—it’s how tech was introduced.

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### 📘 The RGE Way to Learn

- Learn what you’ll actually use
- Practice a little at a time
- Repeat simple tasks

👉 Confidence comes from doing—not memorizing

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### 📱 Choosing the Right Device

#### Best for most beginners:

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### ★ iPad (Top Pick)

- Tap and go
- Clear and simple
- No confusing folders

### 👍 Chromebook

- Simple but slightly more steps

### ⚠️ Traditional Laptop

- More powerful
- More complicated

👉 **Rule of thumb:** If it feels easy, it's the right choice.

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### 🔒 Stay Safe (Simple Rules)

- Don't click unknown links
- Don't respond to strange messages
- Stick to trusted apps

### ● The STOP Rule

- Don't click
- Don't call
- Ask first

👉 When in doubt, pause.

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### ✦ What You Actually Need to Know

Focus on just a few things:



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- Texting / messaging
- Photos
- Video calls
- Looking things up

👉 That's enough to get started.

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### 🔧 Build Confidence Step-by-Step

Start with:

- Send a message
- Take a picture
- Search for something

Then repeat.

👉 Small wins = big confidence

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### 🚫 Avoid These Common Mistakes

- Starting with a complicated device
- Trying to learn everything at once
- Moving too fast

👉 Slow and steady wins every time

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### ✅ What You Can Do Now

You can:

- Choose a simple device
- Do basic everyday tasks

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- Stay safe online
- Feel more confident using technology

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### Final Thought

You are not behind.

You are not expected to know everything.

You're just getting started—and that's exactly where you should be.

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### The RGE Way Forward

**Start simple.**

**Use what works.**

**Build from there.**